

HAIR AND MAKE UP

Students will need to arrive with the required hair style for their dance and stage make up for the costume weekend 9th and/or 10th July and Dress rehearsal/shows on 14th – 17th July. **Each child should have hair ties to match their hair colour, hair grips to match their hair colour, pins and firm hold hairspray along with their make-up. Ballet Bun Hair kits or individual items can be ordered through the uniform shop or online at: <https://let.mydancestore.co.uk/hair>.** Or I have put some together, on sale at the uniform shop. Items are also available at supermarkets or The Quadrant Pharmacy.



Please also note: Teachers will not be available to do hair. *If you are unable to do their hair or find anyone who can, we have a few senior students who are happy to do this. If you wish to “book in” with a senior student please email Becky prior to the dates above, I think it would be nice to offer them a small “donation” for their time.* Students who must change hairstyles during the show will have help backstage.

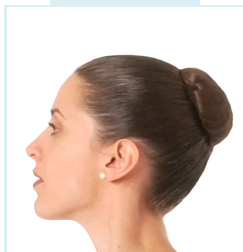
MAKE UP: Age-appropriate make-up to be worn by all students as the lighting turns your face white without it!

Base make up for all	<ul style="list-style-type: none"> Ideally, a small amount of foundation (slightly darker than skin tone) and blusher
Those comfortable in full stage make up.	<ul style="list-style-type: none"> foundation (slightly darker than skin tone) over the face and throat brown or subtle shades of blue or green eyeshadow blusher stage eyeliner and/or mascara natural false eyelashes (optional) Please avoid too much highlighter as it looks like sweat under lighting Please bring red lipstick to apply once dressed, to avoid it going onto costumes. No pink as the lighting turns it blue!

HAIR: Specific hair details are listed under their dance.

Shorter hair	<ul style="list-style-type: none"> A small amount of gel/grips to be used to keep hair off their face if very short. Or grips, plaits to hold the hair back off the face.
Longer hair	<ul style="list-style-type: none"> Where a “Ballet bun” is stated, it is to be worn with no “wispy” or “floppy” bits and as flat to the head as possible and it is to be worn by the nape. “Doughnuts” or accessories that make the bun bigger are not to be used. Hair ties should be of the same colour as hair to ensure they are invisible on stage. Hair spray or gel must be used to ensure the hair is slicked back. Where “half up and half down” is stated, it’s advisable to make 2 French plaits, to halfway down the head in line with the ears and tied at both sides. The rest can be left loose. 2 x French plaits and ponytails are self-explanatory. If students are wearing a hat, they will need to wear their ponytail low. Students who need to change hairstyles will be helped backstage. If one of these is ½ up ½ down, then the plaits can stay in throughout the show and we can bun/ponytail the bottom half as needed.

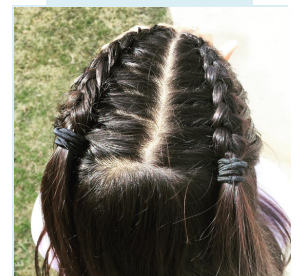
BALLET BUN



FRENCH PLAITS



½ UP & ½ DOWN



GENERAL NOTES

- **Please ensure that all items of clothing, which belong to you, are named.** With 400 students/staff involved in this production there are going to be a huge number of shoes, socks and tights which all look identical. If your child requires shoes, it is very helpful to bring a named peg so we can peg them together.
- No jewellery is to be worn on stage at all. Please ensure that all earrings (and other piercings) are removed BEFORE arriving at the Theatre.
- Please do not bring any valuables to the Theatre as we cannot guarantee their safety. If valuables are brought to the theatre, it is done so at your own risk.
- Ideally, no underwear is to be worn by younger students as it can be seen outside of tutus etc. They have their own individual costumes for hygiene reasons. If underwear must be worn, knickers should be flesh coloured and high cut, no shorts please. If your child requires a bra under their costume, then please can you ensure that it is plain and flesh coloured with no decoration (T shirt Bra) and has clear straps. We have specialist dance underwear available at the uniform shop or online.
- Students with a lot of changes or wish to make changes easier may want to consider buying a flesh-coloured body suit. Helen has these available at the uniform shop: uniform-letsdanceacademy@hotmail.com



- If students wish to bring a small, light dressing gown that can fit in a bag, to use whilst getting changed then they can do so. No, big or fluffy gowns though.
- Students should bring food and drinks, ideally not fizzy drinks, or snacks such as chocolate as it can very easily get onto the costumes and floors. Many of their costumes are white! **NO NUTS.**

As always If you have any questions please don't hesitate to ask.