

GRADE 2 CLASSICAL BALLET

THEORY SHEET

Students are required to have a knowledge of the following terms and positions and will need to be able to demonstrate the step to an examiner.

PLEASE VISIT THE LDA EXAM SUPPORT PAGE TO VIEW THESE UNDER PRACTICE/SYLLABUS VIDEOS:
<https://www.letsdanceacademy.co.uk/exams>

GRADE 2 BARRE VOCAB **BARRE WORK**

PLIE	TO BEND
EN CROIX	IN THE SHAPE OF A CROSS
GRANDS BATTEMENTS	BIG BEATING MOVEMENTS
BATTEMENTS TENDU	TO STRECH
ROND DE JAMBE	ROUND OF THE LEG
EN DEHOR	OUTWARDS (ie. to the back first)
EN DEDANS	INWARDS (ie. to the front first)
SOUTENU	TO SUSTAIN
RETIRE	TO DRAW UP
RELEVE	TO SNATCH

DIRECTIONS OF TRAVEL

DEVANT	IN FRONT
DERRIERE	BEHIND
DE COTE	SIDEWAYS
EN AVANT	GOING FORWARDS
EN ARRIERE	GOING BACKWARDS

DIRECTIONS

CROISE	CROSSED
OUVERT	OPEN
EN FACE	FACING FRONT
DE COTE	SIDEWAYS

PORT DE BRAS & ADAGE

PORTS DE BRAS	CARRIAGE OF THE ARMS
CHASSE	TO CHASE / SLIDE
PASSE	PASSING
1ST ARABESQUE	SAME ARM FORWARD AS THE LEG YOU ARE STANDING ON
A TERRE	ON THE FLOOR
EN L'AIR	IN THE AIR

CHASSE	TO CHASE / SLIDE
PASSE	PASSING

Cont.....

ALLEGRO

JETE	TO THROW
GLISSADE	TO GLIDE
ASSEMBLE	TO ASSEMBLE
PAS DE CHAT	STEP OF THE CAT
SOUBRESAUT	A JUMP (in first position)
ECHAPPE	TO ESCAPE
SAUTE	TO JUMP (in any position)
BALANCE	ROCKING STEP
REVERENCE	CURTSEY

MUSIC SECTION

SEMI BREVES (WHOLE NOTES)	4 BEATS (1 PER BAR)
MINIMS (HALF NOTES)	2 BEATS (2 PER BAR)
CROCHETS (QUARTER NOTES)	1 BEAT (4 PER BAR)
QUAVERS (EIGHTH NOTES)	HALF BEATS (8 PER BAR)

POSITIONS OF THE FEET:

1st, 2nd, 3rd, 4th Ouverte(Open)/Opposite 3rd. 4th Croise(Crossed)/Opposite 5th, 5th



POSITIONS OF THE ARMS:

Bras Bas, Ev Avant, A La Seconde, En Couronne, Attitude, Attitude Grecque, Bras Croise, Demi Seconde, Demi Bras, 3rd Arabesque

