

VOCATIONAL GRADED EXAMINATIONS IN DANCE

INTRODUCTION

The Vocational Graded Examinations in Imperial Classical Ballet, from Intermediate Foundation through to Advanced 2, develops the candidate's expertise in such a way as to provide the basis for either professional employment as a dancer or further training as a dance teacher. Throughout the study of the syllabus, candidates are following a vocational path, requiring a high level of commitment and with an increasing emphasis on safe dance practice. Successful candidates at this level should show virtuosity in performance, a high standard of technique and a sound knowledge and understanding of the genre, including an understanding of reference and context. Candidates undertaking a study of the Vocational Graded syllabus should also typically display a sense of self-awareness and be self-motivated in terms of their personal development. As distinct from the General Graded examinations, a greater degree of personal interpretation is encouraged and the candidate is expected to show the potential to communicate effectively with an audience. Candidates will need to show the qualities of professionalism, commitment and focus, with the ability to manage a greater workload than that required for the General Graded examinations. This would typically result in a successful candidate spending significant additional time each week in lessons, in practicing and in studying independently. The Vocational Graded examinations are concerned specifically with the mastery of technique and underpinning understanding, to a level sufficient to prepare candidates for further vocational training and match current expectations in the employment sector. The Vocational Graded Examinations are regulated qualifications on the Regulated Qualifications Framework. Intermediate Foundation is located at Level 2; Intermediate is located at Level 3; and Advanced 1 and Advanced 2 are located at Level 4.

AIM

The aim of the ISTD Vocational Graded Examinations in Imperial Classical Ballet is to provide an assessment scheme, which gives the basis for the measurement of the individual candidate's progress and development, in preparing to be a professional dance performer or teacher. There are four practical examinations graded to measure appropriate stages of development from a general standard of Imperial Ballet education to that of professional competence and readiness.

OBJECTIVES

The syllabus objectives of the Imperial Classical Ballet Vocational Graded Examinations are to develop candidates':

- Correct alignment and placing of the body to the best of the individual physical facility
- Controlled and appropriate use of limbs, with an understanding of the purpose of each exercise
- Strength and stamina
- Good sense of line and co-ordination of movement
- Highly developed rhythmic and musical awareness
- Artistry and an appreciation of the nuances of style, both in own movement and that of others
- Spatial awareness
- Consideration and respect
- Creativity within a disciplined environment

1 Barre

- 1.1 Plies-demi, grand, forward, side and back
- 1.2 Port de bras
- 1.3 Battements tendus and battements glisses
- 1.4 Ronds de jambe a terre en dehors and en dedans
- 1.5 Battements soutenus and assembles soutenus
- 1.6 Battements fondus
- 1.7 Battements frappes and battements frappes fouettes
- 1.8 Petits battements
- 1.9 Ronds de jambe en l'air en dehors and en dedans
- 1.10 Retires
- 1.11 Developpes and developpe. passe.
- 1.12 Demi grand ronde de jambe en dehors and en dedans
- 1.13 Grand rond de jambe en dehors and en dedans
- 1.14 Fouette. of adage with pivots
- 1.15 Tombe. en avant
- 1.16 Rotation with pivots
- 1.17 Rotation en demi-pointe (male)
- 1.18 Grands battements
- 1.19 Fouette. rond de jambe en tournant (female)
- 1.20 Battement en cloche

Demi Pointe

- 1.21 Rises
- 1.22 Echappes en croix

- 1.23 Releves
 - 1.24 Poses
 - 1.25 Demi-detourne
 - 1.26 Coup. fouette raccourci (female)
 - 1.27 Pas de bourres pique under and over (female)
 - 1.28 Releves passes with 1/2 turn (female)
 - 1.29 Emboites (female)
 - 1.30 Pose into arabesque (female)
- Also Set Exercises

2 Centre Practice

- 2.1 Plies
 - 2.2 Battements tendus and battements glisses
 - 2.3 Ronds de jambe terre en dehors and en dedans
 - 2.4 Assembles soutenus and battements soutenus
 - 2.5 Battements fondus
 - 2.6 Battements frappes
 - 2.7 Ronds de jambe en l'air en dehors and en dedans
 - 2.8 Grands battements
- Also Set Exercises

3 Port De Bras

- 3.1 Basic arm lines which may be combined with walks, chasses and transference of weight
- 3.2 Circular Port de bras with transference of weight (no backbend)
- 3.3 Forward Port de bras - grand 4th
- 3.4 Sideways Port de bras (female)
- 3.5 Set Port de bras enchainement (female) Nos 1 and 2 OR

4 Adage

- 4.1 Temps li. Fouette. of adage
- 4.2 Retires
- 4.3 Developpes and developpes passes
- 4.4 Demi grand rond de jambe en dehors and en dedans
- 4.5 Grand rond de jambe en dehors and en dedans
- 4.6 Tombe en avant
- 4.7 Coupes
- 4.8 Attitudes - devant and derriere, ordinaries, opposition, . deux bras, grecque, . terre and en l'air
- 4.9 Arabesques - 1st, 2nd, 3rd and a dos
- 4.10 Rotation a terre
- 4.11 Rotation en l'air (male)
- 4.12 Pose, assemble soutenu en tournant en dedans
- 4.13 Detournes
- 4.14 Set adage enchainement (female) Nos 1, 2 and 3

5 Pirouettes

- 5.1 Single and double pirouettes en dehors and en dedans
En diagonale:
 - 5.2 Pos. turns en dedans (female) Relev.s pass.s by half turn (female)
 - 5.3 Emboites releves en tournant (female)
 - 5.4 Chaines (male)
- ## **6 Allegro**
- 6.1 Sautes in 1st, 2nd and 4th
 - 6.2 Changements
 - 6.3 Soubresauts
 - 6.4 Echappes sautes to 2nd and 4th
 - 6.5 Glissades - devant, derri.re, over, under, en avant, en arri.re
 - 6.6 Pas de bourr.es - devant, derri.re, over, under commenced with either foot, en avant and en arriere
 - 6.7 Assembles - devant, derri.re, over, under, en avant, en arriere, petit assembl. devant and derriere
 - 6.8 Jetes - petit jete devant, derri.re and by half turn; jete ordinaire devant, derri.re, en avant, en arriere and de cote
 - 6.9 Sissonnes - ordinaire devant, derriere, pass.es, ouverte en avant, en arriere and de cote ouverte change en avant and en arriere, ferme en avant, en arri.re, over and under, double over and under
 - 6.10 Pas de basque glisses en avant and en arri.re
 - 6.11 Pas de basque sautes en avant and en arri.re
 - 6.12 Ballonnes simple - devant, derri.re and de c.t.
 - 6.13 Ballonnes compose - en avant, en arri.re and de c.t. (using front foot)
 - 6.14 Pas de chat
 - 6.15 Coup. fouette raccourci saute

- 6.16 Balances
- 6.17 Waltz turns (female)
- 6.18 Demi-contretemps
- 6.19 Failli
- 6.20 Demi-pointe (female), as Barre, except releves 1-1 OR Demi-pointe (male), as Barre
Also Set allegro enchainements

7 Petite Batterie

- 7.1 Echappes sautes battus
- 7.2 Entrechats quatre
- 7.3 Changements battus
- 7.4 Entrechats trois devant and derri.re
- 7.5 Brisess, devant, derrire, over
- 7.6 Assembles battus, over, under
- 7.7 Set petite batterie enchainement (female) OR Set petite batterie enchainement (male)

8 Grand Allegro

- 8.1 Coup. chasse pas de bourree under
- 8.2 Poses temps leve in arabesque or pirouette position derri.re
- 8.3 Full contretemps
- 8.4 Grand jete en avant
- 8.5 Grand jete en tournant preceded by 3 runs
- 8.6 Jete by full turn - (male)
- 8.7 Tour en l'air exercises (male)
- 8.8 Grand pirouettes (set exercise male)
- 8.9 Set grand allegro enchainment
- 8.10 Variation

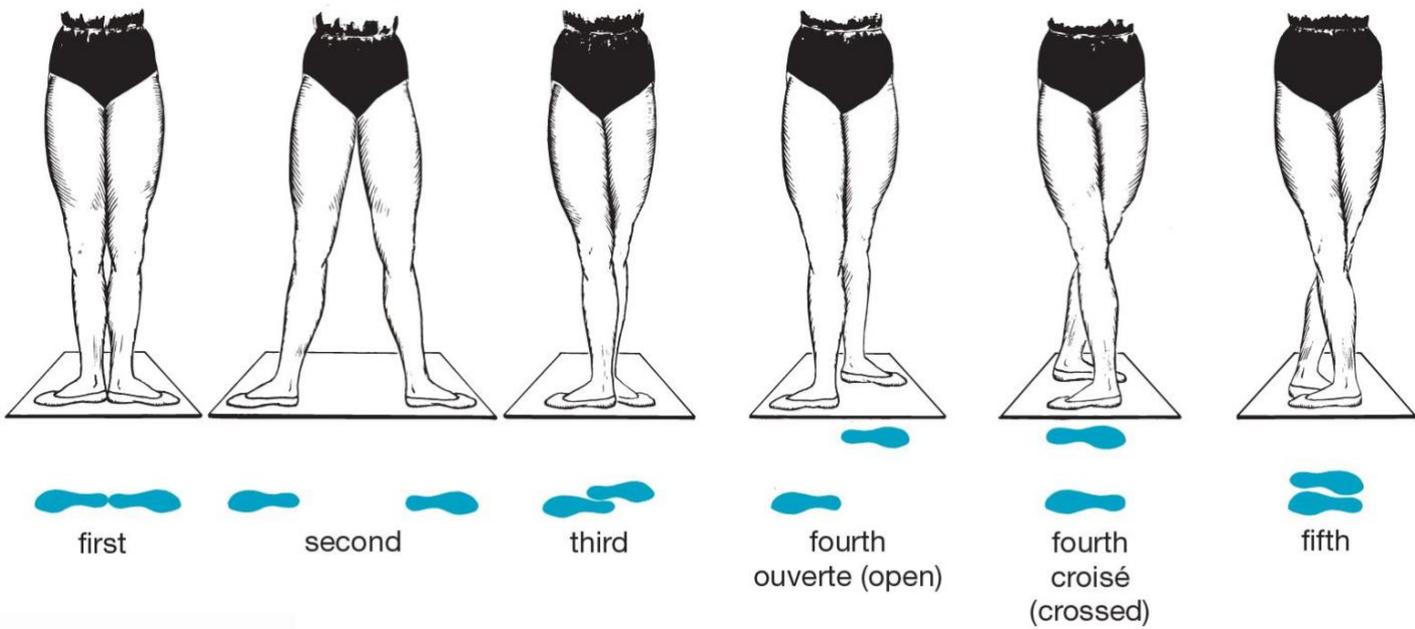
9 Pointe Work (Female)

- 10 Barre
- 10.1 Rises Releves 2 - 2
- 10.2 Echappes en croix in 2 and 4 counts
- 10.3 Releves 2-1
- 10.4 Poses coupe en avant, en arri.re, and de c.t. with straight or petit developpe. extension and pose into arabesque
- 10.5 Demi-detourne
- 10.6 Coup. fouette raccourci
- 10.7 Pas de bourre pique also with half turn
- 10.8 Releve passe with half turn
- 10.9 Emboites
- 10.10 Courus - sur place, en avant, en arri.re, de c.t., and en tournant
- 10.11 Centre Echappes en croix in 2 and 4 counts and to 2nd en tournant
- 10.12 Releves in 5th
- 10.13 Poses coup., en avant, en arri.re and de c.t. with straight extension or petit developpe and pose into arabesque
- 10.14 Pas de bourr.e pique. under
- 10.15 Coup. fouette. Raccourci
- 10.16 Releves 2-2 and 2-1
- 10.17 Courus sur place, en avant, en arriere, de c.t. and en tournant
- 10.18 Pose assemble. soutenu en tournant en dedans
- 10.19 Set pointe enchainements Nos 1 and 2

11 Réverence

POSITIONS OF THE FEET

1st, 2nd, 3rd, 4th open (or large 4th or 4th ouvert), 4th crossed (or small 4th or 4th croise) and 5th



POSITIONS OF THE ARMS : Bras Bas, En Avant, En Couronne, a la Seconde, Attitude Ordinaire, Attitude Grecque, Bras Croisé, Demi Second, Demi Bras, 1st and 3rd Arabesque.





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