

# PRIMARY CLASSICAL BALLET - THEORY SHEET

Students are required to have a knowledge of the following terms and positions.

**PLEASE VISIT THE LDA EXAM SUPPORT PAGE TO VIEW THESE UNDER PRACTICE/SYLLABUS VIDEOS:**  
<https://www.letsdanceacademy.co.uk/exams>

## MUSIC SECTION

WALTZ (1,2,3)  
POLKA (&1&2)

Time signature is a  $\frac{3}{4}$  ( 3 Beats in a Bar/Phrase)  
Time signature is a  $\frac{2}{4}$  ( 2 Beats in a Bar/Phrase)

## POSITIONS OF THE FEET: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>



## POSITIONS OF THE ARMS: Bras Bas, Ev Avant, A La Seconde, En Couronne

