



New Classes for 2026/27

We also have spaces available in some of our existing classes, so please do enquire—we'll be very happy to point you in the right direction! The classes below are either completely brand new for September or have been opened to a new age group. Current LDA students will receive priority booking for these spaces until the end of July.

Pre-School

Ballet Prep – Pre-School

Saturday, 11:05–11:35am with Miss Molly
Wheatfields Infants' School

The perfect first independent ballet class for children aged three and above. We appreciate that some children may need help settling in during their first few weeks; however, this is an independent class rather than a parent-and-toddler session.

Reception/Year 1

Primary Tap – Reception/Year 1

Wednesday, 4:15–4:45pm with Miss Philippa
Marshalswick Baptist Church

A brand-new beginner tap class introducing our youngest tappers to basic tap technique, musicality, rhythm and lots of enjoyable routines. No previous tap experience is needed.

Primary Modern – Year 1

Thursday, 4:45–5:15pm with Miss Becky
Marshalswick Baptist Church

A fun and energetic introduction to Modern dance. Students will begin developing their coordination, musicality, technique and performance skills through exercises and routines suitable for their age.

Years 3–6

Bronze Jazz – Years 3–4

Friday, 5:10–5:40pm with Miss Molly
Wheatfields Junior School

An exciting Jazz class for students ready to develop their technique, performance quality and confidence through upbeat exercises and routines.

Acro Stage 2: All Levels – Years 3–6

Wednesday and Thursday, 7:10–7:55pm with Miss Lauren
Sandringham School

A new Stage 2 Acro class for students of all experience levels. Students will work on their strength, flexibility, balance and coordination while safely developing a range of acrobatic skills and tricks.

Beginner Ballet – Years 5–7

Wednesday, 4:30–5:10pm with Miss Caroline
Wheatfields Junior School

Designed especially for older students who are new to ballet. This supportive beginner class introduces the foundations of ballet technique, posture, musicality and performance without students needing any previous ballet experience.

Beginner Tap – Years 5–7

Wednesday, 5:55–6:25pm with Miss Philippa
Marshalswick Baptist Church

A beginner tap class created for older students who would like to start tapping. Students will learn the foundations of tap technique, rhythm and musicality in a friendly class alongside others of a similar age.

Years 7+

Musical Theatre – Years 7–8

Monday, 6:25–7:05pm with Miss Lori
Wheatfields Infants' School

Due to popular demand within this age group, we have added another Musical Theatre class! Students will combine dancing, acting and performance skills while building their confidence and stage presence.

Street Dance – Years 7–9

Friday, 5:45–6:15pm with Miss Lori
Wheatfields Infants' School

An energetic Street Dance class where students can develop their style, musicality, coordination and performance skills through current, upbeat routines.

Teen Beginner Tap – Year 8+

Wednesday, 7:40–8:10pm with Miss Philippa
Marshalswick Baptist Church

A welcoming beginner class for teenagers who would love to try tap. Students will learn tap foundations, rhythm and technique alongside other beginners of a similar age, with no previous tap experience required.

Beginner PBT/Pointe – Year 8+, by invitation only

Wednesday, 7:15–8:00pm with Miss Caroline
Tuesday, 6:15–7:00pm with Miss Caroline
Wheatfields Junior School

A new beginner class combining Progressing Ballet Technique exercises with introductory pointe preparation. It is designed to develop the strength, alignment, stability and technique students require for safe pointe work. Entry is by invitation only.

Junior Advanced Jazz – Years 9–11

Thursday, 5:20–5:50pm with Miss Becky
Marshalswick Baptist Church

A non-syllabus jazz class for senior students who already attend a Jazz, Modern or Musical Theatre class. This routine-based class will allow dancers to explore different styles, develop their performance skills and enjoy learning choreography outside of syllabus work. Amazing for building performance skills.

Teen Lyrical Jazz

Monday, 7:45–8:30pm with Miss Lauren
Skyswood School

Perfect for students who enjoy the more lyrical side of dance. This class focuses on calmer, expressive Contemporary and Lyrical Jazz routines while continuing to develop Jazz technique, musicality and performance quality.

Contemporary Creative – GCSE/BTEC Dance Students

Monday, 7:00–7:45pm with Miss Lauren
Skyswood School

Created specifically for students studying GCSE or BTEC Dance who would benefit from additional support. The class will help students develop choreography, create and refine dance pieces, explore different Contemporary techniques and build confidence in their performance, technique and individual style. This class is designed to work alongside a weekly technical Contemporary class.

Year 10+

Contemporary Creative Company Class – Year 10+

Wednesday, 6:10–7:00pm with Lewis

Wheatfields Infants' School

A new concept class for students who love Contemporary dance, as well as those considering GCSE, A Level or professional and university-level or Conservatoire Contemporary training.

Moving beyond a traditional weekly technique or choreography lesson, the class will operate as a pre-professional Contemporary company for intermediate and senior students. Its focus will be on artistic development, choreographic exploration, performance creation, collaborative pieces, screen dance and live work.

Each term will centre around a creative project or performance brief, incorporating areas such as:

- Technique and conditioning
 - Improvisation tasks
- Choreographic development
- Partner and ensemble work
 - Creative research
- Professional rehearsal processes
- Screen-dance experimentation
 - Performance refinement

Students will contribute their own ideas and work collaboratively while being guided through professional creative methods, helping them become versatile, confident and thoughtful Contemporary performers.

Adults

Adult Tap: Intermediate/Advanced

Tuesday, 6:30–7:15pm with Miss Philippa

Marshalswick Baptist Church

Designed for experienced adult tappers who already have a strong understanding of tap technique. The class will develop rhythm, musicality, speed and performance through challenging exercises and enjoyable routines.

Adult Jazzercise: All Levels

Tuesday, 7:15–8:15pm with Miss Philippa

Marshalswick Baptist Church

A fun new Jazz class for adults, combining Jazz technique, dance routines and a little fitness. It is perfect for adults looking for an enjoyable and energetic dance-based workout, with all levels welcome.